

WHAT DOES SEX MEAN?

BACK TO BASICS

WHAT IS SEX?

What does it mean to *have sex*?

Sex can be **anything**
you want it to be.

* *We define sex as:* engaging in a consensual activity to feel pleasure.

PLEASURE CAN MEAN DIFFERENT THINGS.

DIFFERENT PEOPLE FIND PLEASURE IN DIFFERENT THINGS.

THERE IS NO RIGHT OR WRONG WAY TO EXPERIENCE PLEASURE.

Sometimes, it can be pleasurable to have sex with the goal of bonding, relieving stress, or even out of boredom. **As long as it's consensual, there's no wrong reason to have sex.**

MISCONCEPTIONS ABOUT THE DEFINITION OF SEX.

SEX IS MORE THAN
“PENIS IN VAGINA.”

Historically sex has been defined in a narrow lens that is couched in heteronormativity and cisgendered assumptions.

SEX CAN BE BENEFICIAL
FOR MORE THAN JUST
REPRODUCTION.

Many people have sex for many different reasons. Baby making can be one of them, but it's not the only purpose.

NOT EVERYONE WANTS
TO HAVE SEX.

And that's okay! Lots of relationships can be healthy without involving sex.

